



**Book Now**



# **Outdoor Rec Adventures**

Your Guide To All Things  
Outdoor Recreation

**ISLANDRECCENTER.ORG/OUTDOOR**

**TOURS, CLIMBING WALL,  
LESSONS, CAMPS + CLUBS,  
EVENTS + PARTIES,  
AND RENTALS**

## Year-Round Tours



### Guided Nature Tour

Kayak or  
Stand Up Paddleboard  
ages 8+

**90 minutes, up to 10 participants.** Participants have the option to take a Kayak or Stand-up Paddleboard to explore the marshes of Skull Creek and Pinckney Island shoreline. Your American Canoe Association Certified Naturalist Guide will take you on an educational experience teaching you about local history, wildlife, the ecosystem, and things seen on the water such as; tides, oysters, dolphins and birds.



### Hobie Cat Sailing Charter

ages 8+  
250lbs max weight capacity  
per participant

**1 hour, up to 4 participants.** Take a ride on our 17' Hobie Getaway with one of our experienced captains. We will begin the charter by teaching you the basics of sailing and then take off from the beach on a 45-minute sail. Participants under the age of 18 must be accompanied by an adult.



### Custom Nature Tours

ages 8+

**2 hour or half day, up to 10 participants.** Have a group of friends that want to take a paddle adventure in the Lowcountry? We can work with your group to create a custom paddle trip either in the marshes of HHI or off-Island at various locations. Enjoy our remote sea island adventures, such as Hunting Island Lagoon, Coosawhatchie River, and more!



## Climbing Wall

The Island Rec Climbing Wall is 24ft wide by 20ft tall. It has 5 climbing lanes (with various levels of difficulty), auto belays, and 360 handholds. **Participants must weigh between 48-300lbs and wear sneakers/tennis shoes.** Read the full rules and sign the waiver on our website.



### Open Climb

ages 4+  
participants must weigh  
between 48-300lbs

The Climbing Wall will be available at select times for open climb. Check our website calendar for dates and times. Located at the renovated and expanded Island Recreation Center.



### Rentals

ages 4+  
participants must weigh  
between 48-300lbs

**2 hours, up to 10 participants.** More details on our Parties + Rental page.



# Lessons

Learn something new



## Surf Lessons

offered April - September  
ages 6+

**Small Group Surf Lessons: 1 or 2 hour sessions**

**Private Surf Lessons: 90min, for up to 3 people**

Learn to surf at the longest running surf lessons on the Island and in the safe, warm waters in front of The Tiki Hut at Beach House. This location has some of the most consistent surf on the Island for beginners. Our safe, structured, and fun approach to teaching surf lessons will guarantee an experience you will remember for a lifetime! Our surf instructors have over 20 years experience and are lifeguard certified and CPR/AED certified.



## Try Archery

limited sessions  
ages 8+

**1 hour.** Outdoor Rec's USA Archery certified instructors will provide you with basic instruction to try archery in a safe and fun learning environment. Participants will have an opportunity to shoot a Genesis Compound Bow at various targets in our 10-target outdoor range! Participants will walk away with the knowledge and skill set to operate safely on a range and have a blast while doing so.



## Intro to Stand Up Paddleboarding

offered year-round  
ages 8+

**90min, for up to 8 people.** An introductory paddle experience suitable for the entire family! This course focuses on instruction and technique, while also learning about our local ecology.



## Try Disc Golf

limited sessions  
ages 6+

**2 hours.** Bring out the whole family for a round of Disc Golf at one of Hilton Head's newest parks, Mid-Island Tract. Brandon Beat, a Professional Disc Golf Association member and certified official, has worked for the Disc Golf Pro Tour and is eager to share his passion for disc golf with your entire family! No experience needed, and we supply the equipment.



## Hobie Cat Sailing Lessons

offered April - September  
ages 12+

**2 hours, for up to 6 participants.** A truly one of a kind experience and adventure of a lifetime! This instructional course will teach you the parts of the Hobie Cat sailboat, basic rigging, and an introduction to sailing. Our lead sailing instructor is a USCG Certified Captain with over 30 years of Hobie Cat sailing experience on HHI. Our sailing lessons are offered next to our surf lessons, in front of the world-famous Tiki Hut. Max 250lbs weight capacity per participant.

## Youth Summer Camps



### Outdoor Adventures Camp

limited sessions  
ages 6-18

**4 day, 3.5 hours/day.** Experience ADVENTURE this summer! Participants will make lasting memories of kayaking, stand-up paddleboarding, fishing, crabbing, and throwing a cast-net and have a blast learning archery, disc golf, and rock climbing! Locations for this camp vary based on activity.



### Skateboarding Camp

limited sessions  
ages 7-18

**Mon-Fri, 10am-12pm.** Learn from one of the best and most experienced instructors on Hilton Head at the Bristol Sports Arena Skate Park. Coach Maxcy Hicks will have your kids shredding by the end of this week-long camp. We supply all the pads and gear and will deliver the stoke! Participants will be able to showcase their skills in front of their parents during the Friday Skate Contest at the conclusion of camp.



### Learn to Row

limited sessions  
ages 11-18

**Mon-Fri, 8:30am-12pm.** Learn the basics of rowing. The camp will utilize 1-4 person shells (boats) and will teach participants basic sculling (2 oars per rower) technique. Each participant will gain the knowledge and skills necessary to row an individual rowing shell (single) on their own!

## After School Clubs



### Outdoor After school Club

monthly sessions  
Grades 1-8

**Mon & Wed, 2:45-6pm.** This is an after-school program for kids in grades 1st through 8th. Participants receive assistance completing homework and are rewarded with rock climbing at the Rec Center's Climbing Wall! Participants are then transferred to the Rowing & Sailing Center where they will have an opportunity to fish, kayak, SUP, crab, cast net, and learn the skill of archery from our certified USA Archery Instructors! Additionally, participants will be encouraged to earn Merit Badges throughout the spring and fall months. Merit badges will be awarded to those participants who demonstrate proficiency in fishing, cast net throwing, kayaking & SUP, and archery.



### Skateboarding Club

monthly sessions  
Ages 7-14

**Tues, 2:45-6pm.** Whether this is your first time stepping on a skateboard or you are already dropping in on a half-pipe, the Outdoor Skateboarding Club offers professional instruction for all skill levels! Parents have the option of dropping their child directly to Bristol Sports Arena by 4pm or we can transport your child from the Rec Center at 3:45pm in our minibus. Our lead instructor, Maxcy Hicks has been skating his entire life and competed in and won several skateboard competitions throughout his career. Coach Maxcy was sponsored by Fuel Skate Team, where he led multiple Skate Demos, and has showcased his skills at various Skate Park Openings and Trade Shows as a Fuel Skate Team Member.



## Events

Join us!



### Family Fishing Events

2 hour event

For families/all ages at The Rowing & Sailing Center. Enjoy an evening of fishing and education on the dock and learn some pro tips from some of the Lowcountry’s most sought-after Fishing Captains! In this 2-hour event, a professional Salt Water Fishing Captain will teach you all about fishing in the Lowcountry. Skills covered include knot tying, target casting, artificial and live bait setups, in-shore, and off-shore fishing strategies, cast net throwing, shrimping, and much more! The second hour will be spent fishing with your family and the local Captain off the dock.



### Community Events

year round

The Island Rec has various community events throughout the year, including free summer Tuesday and Thursday night events. Check out our upcoming events online: [events.islandreccenter.org](http://events.islandreccenter.org)

## Meet our Lead Staff



### Nate Skager

Director of Outdoor Recreation

Nate has been paddling the waters of Hilton Head Island since he arrived in the summer of 2002. Nate is very knowledgeable of the Island’s ecosystem and wildlife. He can also provide great insight on unique places to eat, “must do” activities, and how to best enjoy Hilton Head Island! As a former Firefighter/ EMT and current certified Lifeguard, Nate will ensure safety is at the forefront on this great experience.

**“ A LOVELY GUIDED TOUR WITH NATE! I LEARNED SO MANY NEW THINGS AND REALLY FELT IMMERSSED IN NATURE! WE ALSO RECEIVED SOME GOOD LOCAL ACTIVITY AND DINING SUGGESTIONS! SO GLAD WE PARTICIPATED IN THIS ADVENTURE! ”**

- Guided Tour Participant



### Kathleen McMenamin

Assistant Director of Outdoor Recreation

Since receiving her Master Naturalist Certification in 2008, Kathleen has been busy guiding and teaching around Hilton Head Island. She loves sharing her knowledge with others and getting people excited about the Lowcountry’s ecology. She has additional certifications in: Lifeguarding, CPR, First Aid, and Wilderness First Aid. Recently Kathleen has spent time abroad in the Dominican Republic teaching First Aid/CPR, Lifeguarding, and Swimming.

## Parties + Rentals

Whether you are celebrating a birthday or scheduling a private group outing, we have fantastic options to create a memorable outdoor experience!



### Learn to Surf Party

4 person minimum  
ages 6+

**2 hours.** Includes surfboard rentals and surf instruction. Participants have the option of requesting a table and limited refreshments to be enjoyed on the beach. Located at Singleton Beach.



### Paddle Splash Party

5 person minimum  
ages 8+

**2 hours.** Participants have the option to rent kayaks and/or SUPs for either a naturalist-guided or self-guided experience. Located at the Rowing & Sailing Center and includes a reservation of the Pavilion located on site.



### Climbing Wall Rental

ages 4+, participants must weigh between 48-300lbs

**2 hours, up to 10 people.** Includes all gear and 1 climbing wall operator. The Climbing Wall located at the Island Rec Center is available to host your next birthday party or group event! Groups are welcome to bring their own food and drink that can be enjoyed at the covered picnic tables located just outside the front entrance.



SURF-YAKS



STAND UP PADDLEBOARDS



SURFBOARDS



KAYAKS

Rentals are available on a limited basis, based on the season, time of day, and staff availability. **Contact the Island Rec Center or email [Nathan.Skager@islandreccenter.org](mailto:Nathan.Skager@islandreccenter.org) to check availability.**



### Learn More

SCAN FOR WEBSITE or visit  
[ISLANDRECCENTER.ORG/OUTDOOR](http://ISLANDRECCENTER.ORG/OUTDOOR)



**See You  
Soon!**



**Book Now**

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**“ WHETHER YOU ARE A LOCAL FAMILY OR VISITING US ON HILTON HEAD, IT IS OUR MISSION TO GET YOU AND YOUR FAMILY OUTSIDE AND ENJOY ALL THE BEAUTY THAT CAN BE FOUND IN AND ON THE WATERS OF HILTON HEAD ISLAND AND BEYOND! ”**

**- Island Rec Outdoor Staff**

## **Questions? Contact Island Rec**

Hilton Head Island's Parks and Rec. Island Rec is a local nonprofit offering Outdoor Rec, Community Events, Fitness Facilities, Aquatics, Youth/Adult/Adaptive Sports + Programs, Park Rentals, and the Island's Senior Center.

**INFO@ISLANDRECCENTER.ORG | 843.681.7273**